

**\$3.00 Suggested Donation**

# January 2018

**Seabreeze Dining  
268-1592**

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|--|--|---|---|
| <b>1</b><br><br><b><u>CLOSED</u></b><br><i>Happy New Year!</i>   | <b>2</b> Barley Soup<br><b>Meatloaf w/Gravy</b><br>Mashed Potatoes<br>Broccoli<br>Peaches<br>Rye Bread<br><i>(Honey Ham &amp; Cheese on Rye)</i><br>Salad  | <b>3</b> Pasta & Bean Soup<br><b>Chicken Leg Quarter</b><br>Baked Potato w/Sour Cream<br>California Blend Vegetables<br>Pudding<br>Oatmeal Bread<br><i>(Egg Salad on Oatmeal Bread)</i><br>Salad | <b>4</b> Chicken Soup<br><b>Roast Pork Loin w/Applesauce</b><br>Mashed Sweet Potatoes<br>Cauliflower<br>Cookies<br>Roll<br><i>(Chicken Salad on Roll)</i><br>Salad  | <b>5</b> Clear Chowder<br><b>Seafood Newburg</b><br>Seasoned Brown Rice<br>Capri Blend Vegetables<br>Ice Cream<br>Wheat Dinner Roll<br><i>(Pastrami &amp; Swiss on Roll)</i><br>Salad |
| <b>8</b> 100% Juice<br><b>Turkey Chili w/Low Fat Cheese</b><br>Corn Bread<br>Seasoned Broccoli Spears<br>Fruit Cocktail<br><i>(Hamburger on a Bun)</i><br>Salad                    | <b>9</b> Tomato Vegetable Soup<br><b>Chicken w/Artichokes/Roasted Peppers in Lemon Sauce</b><br>Mashed Potatoes<br>Green Beans<br>Pudding<br>Pumpnickel Bread<br><i>(Italian Tuna / Pumpnickel)</i><br>Salad | <b>10</b> Chicken Soup w/Anci de Pepe<br><b>Knockwurst w/Mustard</b><br>Boiled Potatoes<br>Carrot & Cabbage Mix<br>Jell-O<br>Wheat Bread<br><i>(Sliced Chicken w/Cheese on Wheat)</i><br>Salad   | <b>11</b> Red Chowder<br><b>Country Crisp Fish w/Tartar</b><br>Rice Pilaf<br>Scandinavian Blend Vegetables<br>Brownie<br>Marble Bread<br><i>(Meatloaf on Marble)</i><br>Salad   | <b>12</b> 100% Orange Juice<br><b>Fruit Stuffed Pancakes w/Syrup</b><br>Baked Ham<br>Tomato Half<br>Yogurt<br><i>(Fish Sandwich on Bun)</i><br>Salad                                  |
| <b>15</b><br><br><b><u>CLOSED</u></b><br><i>Martin Luther King, Jr. Day</i>  | <b>16</b> Vegetable Soup<br><b>Chicken Stuffed with Broccoli &amp; Cheese w/ Gravy</b><br>Oven Roasted Potato<br>Mixed Vegetables<br>Ice Cream<br>Marble Bread<br><i>(Egg Salad on Marble)</i><br>Salad      | <b>17</b> Italian Wedding Soup<br><b>Pot Roast w/Gravy</b><br>Garlic Mashed Potatoes<br>Asparagus<br>Fresh Fruit<br>9-Grain Bread<br><i>(Seafood Salad on 9-Grain)</i><br>Salad                  | <b>18</b> <b><u>Happy Birthday</u></b><br>Tomato Soup w/Brown Rice<br><b>Airline Chicken</b><br>Pasta w/ Pesto<br>Sliced Carrots<br>Frosted Cupcake<br>Wheat Bread<br><i>(Tuna on Wheat)</i><br>Salad                                   | <b>19</b> Corn Chowder<br><b>Stuffed Sole w/Scallops &amp; Clams</b><br>Wild Rice<br>Broccoli Cuts<br>Sliced Pears<br>Dinner Roll<br><i>(Meatball Sub)</i><br>Salad                   |
| <b>22</b> Onion Soup w/Croutons<br><b>Shepherds Pie w/Ketchup</b><br>Prince Edward Blend Vegetable<br>Italian Ice<br>Garlic Roll<br><i>(Turkey &amp; Cheese on Wheat)</i><br>Salad | <b>23</b> Vegetable Soup<br><b>Turkey Meatloaf w/Cranberry Chutney</b><br>Sweet Potato<br>Green Beans<br>Shortbread Cookies<br>Marble Bread<br><i>(Corned Beef &amp; Swiss /Marble)</i><br>Salad             | <b>24</b> Chicken Soup<br><b>BBQ Pulled Pork</b><br>Baked Beans<br>Vegetable Medley<br>Fresh Fruit<br>Multi Grain<br><i>(Chicken Salad/w/ Cranberry/ Walnuts on Multi Grain)</i><br>Salad        | <b>25</b> Kale & Bean Soup<br><b>American Chop Suey</b><br>Whole Wheat Elbow Pasta<br>Winter Blend Vegetable<br>Butterscotch Pudding<br>Rye Bread<br><i>(Ham Salad on Rye)</i><br>Salad   | <b>26</b> Cream of Broccoli Soup<br><b>Chicken Cutlet w/ Lite Gravy</b><br>Buttered Corn<br>Zucchini<br>Sour Cream Coffee Cake<br>Wheat Bread<br><i>(Hot Dog on Bun)</i><br>Salad     |
| <b>29.</b> Beef Noodle Soup<br><b>Herb Roasted Grilled Chicken</b><br>Rice Pilaf<br>Brussel Sprouts<br>Sliced Peaches<br>Oatmeal Bread<br><i>(Tuna on Oatmeal)</i><br>Salad        | <b>30.</b> Chicken Soup<br><b>Liver &amp; Onions w/Gravy</b><br>Oven Roasted Potatoes<br>Mixed Vegetables<br>Fresh Fruit<br>Pumpnickel Bread<br><i>(Chicken Salad Pumpnickel)</i><br>Salad                   | <b>31.</b> Escarole and Bean Soup<br><b>Meatballs w/ Sauce</b><br>Seasoned Wheat Ziti<br>Tossed Salad w/ Dressing<br>Ice Cream<br>9-Grain Bread<br><i>(Ham Salad on 9-Grain)</i><br>Salad        | <p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs</i></p> <p><b><i>All menu items may contain nuts, seeds, beans, wheat, bran, &amp; other allergens</i></b></p> | <p><b><u>Salad of the Month</u></b></p> <p><b>Grilled Chicken<br/>Tomato-Croutons-<br/>Parmesan Cheese<br/>Spinach/Lettuce Blend<br/>Caesar Dressing</b></p>                          |