

**North Kingstown Education Workshops:**  
**Wednesday, May 10 and May 17, 2017**  
**5:30 P.M. - 6:30 P.M.**

**#1: Retirement and Income Decisions - Wednesday, May 10, 2017**

In this workshop, Drs. Skye Leedahl and Nilton Porto from the URI Human Development & Family Studies Department, will discuss retirement decisions and options for individuals considering retirement. They will focus on the “Who? What? When? and How?” of Social Security, including issues of early retirement, own benefits vs. spousal benefits, divorce/re-marriage, and working. They will also discuss other sources of income during retirement and highlight how older women have been differentially impacted in retirement (and what can be done about it). There will be an interactive activity about retirement and time for questions/answers.

**#2: Health Insurance and Services – Wednesday, May 17, 2017**

In this workshop, Drs. Skye Leedahl and Erica Estus, will discuss issues of health insurance and health services for older adults. They will focus on the in’s and out’s of Medicare, including where to sign up, qualification age, types of benefits, options for additional coverage, managed care options, and Part D decisions. Information about Medicaid and dual-eligibility will also be discussed. There will be some discussion about proposed policy changes and how that could impact benefits. They will also highlight tips on managing health insurance benefits.

**Information about the instructors:**

~Dr. Skye Leedahl is an Assistant Professor at URI in the Human Development & Family Studies and Political Science Departments. She has a PhD in Social Work and Master’s Degree in Gerontology from the University of Kansas. She currently teaches classes on policy issues in health and aging, physical and social environments of older adults, research methods, and program evaluation. Her research is focused on enhancing social integration, community engagement, and health for older adults as well as strengthening health and social services for older adults.

~Dr. Nilton Porto is an Assistant Professor at URI in the Human Development and Family Studies Department. He has a PhD in Household Economics from the University of Wisconsin and Master’s Degree in Business Administration from Case Western University, and he spent over a decade in various management positions in the banking industry. He currently teaches classes on personal finance, family finance issues, and health & wealth. His research applies behavioral economics concepts such as the role of reference points to personal finance and consumer behavior.

~ Dr. Erica Estus is an Associate Clinical Professor at URI in the College of Pharmacy. She has a Doctor of Pharmacy Degree from the University of Rhode Island, and she currently precepts pharmacy students at Brookdale South Bay. Her teaching areas include geriatric pharmacotherapy, long-term care, health literacy, and improving communication between students and older adults through various intergenerational activities.

**To register, please call Rayna at 268-1592**

