

NORTH KINGSTOWN RECREATION 5TH TO 8TH GRADE GIRLS GYMNASTICS THURSDAYS, MARCH 2ND TO APRIL 13TH, 2017

RECREATION GYMNASTICS FOR 5TH TO 8TH GRADE GIRLS WILL BEGIN ON THURSDAY, MARCH 2nd, 2017. THIS PROGRAM IS SCHEDULED FROM 5:20 PM TO 6:50 (there may be a few dates that the program will start slightly later due to scheduling conflicts more information to come on this) AT THE HIGH SCHOOL PRACTICE GYM, LOCATED ON FAIRWAY DRIVE OFF OF BOSTON NECK ROAD. GO TO THE BACK OF THE SCHOOL AND ENTER THE MAIN LOBBY. FOLLOW ALONG THE CAFETERIA TO THE END AND FIND THE GYM ON THE LEFT.

SNOW LINE IS 268-1543

TO REGISTER: PLEASE FILL OUT THE FORM BELOW AND BRING IT THE FIRST DAY OR GO TO OUR TOWN WEBSITE, WWW.NORTHKINGSTOWN.ORG TO REGISTER ON-LINE. PLEASE CARRY THE INFORMATION SHEET, A PDF ATTACHMENT, THE FIRST DAY IF YOU REGISTER ON-LINE. THE FEE FOR THIS ACTIVITY IS \$40. IF YOU PAY BY CHECK MAKE IT TO: TOWN OF NORTH KINGSTOWN

THIS IS THE SCHEDULE: MARCH 2
 MARCH 9
 MARCH 16
 MARCH 23
 MARCH 30
 APRIL 6
 APRIL 13

EXERCISES INCLUDE FLOOR, VAULT, BEAM AND UNEVEN BARS. WEAR SHORTS AND A T-SHIRT OR LEOTARDS. **TIE YOUR HAIR BACK IF LONG.** BENEFITS OF THIS PROGRAM INCLUDE UPPER BODY STRENGTH, FLEXIBILITY, BALANCE AND FUN.

PARENTS DO NOT HAVE TO STAY IF YOU HAVE OTHER THINGS TO DO. IF YOU DO STAY AND BRING OTHER CHILDREN YOU MUST KEEP THEM UNDER YOUR CONTROL. IF YOUNG CHILDREN ARE ALLOWED TO ROAM ON THEIR OWN INJURIES COULD OCCUR.

IF YOU HAVE QUESTIONS PLEASE CALL YOUR RECREATION DEPARTMENT AT 294-3331x241 OR EMAIL ME AT asouthwick@northkingstown.org IF MAILING MAIL TO: 100 FAIRWAY DRIVE, NORTH KINGSTOWN

*Basketball Begins November 12, 2016 register TODAY!
 *Follow us on FACEBOOK and always know what's going on with the Recreation Department
 *TOWN WEB SITE IS www.northkingstown.org

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 5TH TO 8TH GRADE GIRLS GYMNASTICS

NAME _____ PHONE(S) _____

ADDRESS _____ 028 _____ BIRTHDATE _____

SCHOOL _____ GRADE _____ ANY PROGRAM SUGGESTIONS _____

EMAIL _____

MEDICAL PROBLEMS _____

I AGREE TO THE UNRESOLVED USE OF MY CHILD'S NAME AND/OR LIKENESS (INCLUDING PHOTOGRAPHS, VIDEO TAPES, AND OTHER DEPTICIONS) FOR PUBLICIZING NORTH KINGSTOWN RECREATION ACTIVITIES AND EVENTS.

PARENT/GUARDIAN SIGNATURE _____

PLEASE CHECK IF YOU WOULD YOU LIKE GIRL'S SOFTBALL INFORMATION _____

OFFICE USE ONLY:

WAIVER _____ PAID _____ A _____ DATE _____